October 22, 2023



MARY MOTHER of the church



29TH SUNDAY IN ORDINARY TIME

MASS TIMES

Saturday Vigil 4 PM Sunday 8 AM & 10 AM Tuesday–Friday 7:30 AM

CONFESSIONS

Saturday 3:15 - 3:45 PM or by appointment.

HEARING ASSISTANCE

Hearing devices are available. See s for additional information, especially for hearing aids paired with Bluetooth.

THE ROSARY

Prayed before each weekday Mass Tuesday - Friday beginning at 7:05 AM.

PARISH OFFICE HOURS

Tuesday-Friday 8 AM - 3 PM

Contact the parish office to register, schedule a baptism, schedule a wedding (six months notice required), and to request the Sacrament of the Sick.

SCRIP

Scrip is sold before and after all weekend Masses and in the parish office on Fridays from 8 AM - 3 PM.

BULLETIN DEADLINE

Requests are due to the office by Monday in written format.

PARISH STAFF

Rev. Brian D. Konopa ext. 3 Pastor frkonopa@mmoclacrosse.org

Rev. Mr. Terry Bell ext. 6 Deacon - Adult Faith Formation & RCIA/OCIA *tbell@mmoclacrosse.org*

Sr. Kathy Stuttgen, FSPA ext. 7 Ministry with the Elderly and Sick *kstuttgen@fspa.org*

Kristin Johnson ext. 4 Director of Family Faith Formation kjohnson@mmoclacrosse.org

Samuel Obert ext. 5 Director of Youth Faith Formation *sobert@mmoclacrosse.org*

Therese van Oss ext. 0 Funeral Coordinator tvanoss@mmoclacrosse.org

Andy Foley ext. 9 Buildings and Grounds afoley@mmoclacrosse.org

Mary Jo Lium ext. 8 Sacred Music mjlium@mmoclacrosse.org

Mike Juran ext.2 Finance Assistant finance@mmoclacrosse.org

Sr. Meg Earsley, FSPA ext. 2 Bookkeeper bookkeeper@mmoclacrosse.org

Steve Young ext. 1 Office Assistant secretary@mmoclacrosse.org

AQUINAS CATHOLIC SCHOOLS

Ted Knutson	784-8585
President	
Tara Key	782-5998
Principal, Cathedral School	
Kate Moll	782-5564
Principal, Blessed Sacrament School	!
Angela Koblitz	783-5483
Principal, St. Patrick School, Onald	ıska
Andrew Bradley	
Principal, Aquinas Middle School	784-0156
	784-0287

OUR MISSION

Mary, Mother of the Church parishioners are called to be the People of God, formed by the Holy Word and nourished by the Holy Eucharist. We joyfully share our faith and gifts of time, talent, and treasure. We are committed to serve all God's people in the building of the Kingdom.

All Saints Day

Let us glorify God for all the saints — all the souls — in heaven. Mass will be on Tuesday, Nov. 1 at Noon and 5:30 PM. No 7:30 AM Mass. This is a holy day of obligation.

Liturgical Ministers Needed: Nov. 1, All Saints Day

Many liturgical positions need to be filled on Nov. 1, All Saints Day, including Sacristan, Ministers of Holy Communion, Greeters, Gift Bearers, and Servers. Please consider volunteering. Go to www.mmoclacrosse.org and click on the Ministry Scheduler link at the top of the page, or call 788-5483, ext. 1.

Active Threat Education

Training was offered Oct. 15 & 21. The full color page has a summary for all. Thank you to all who attended and to Troy Nedegaard for his meaningful presentations.

Church Cleaning

An hour of your time will make our church shine! We are looking for 25 volunteers to clean the church on Saturday, November 4, at 8 AM. This is a good way for students to earn service hours! And, this is a great way for parish members to work together to help keep our church clean while getting to know one another! The



parish will supply the rags and cleaning solution (an allnatural product). Volunteers are encouraged to bring a 1-gallon bucket. A sign-up sheet is on the bulletin board at the main entrance of the church.

November Book of Remembrance

Beginning with the Feasts of All Saints (Nov. 1) and All Souls (Nov. 2) – the Family of God remembers the souls of our departed loved ones. MMOC records the names of parishioners who have died in the previous 12 months in our Book of Remembrance. Everyone is invited to pray for them and to write the names of their own loved ones whose funerals have been in other places, especially those who have died in the last year. The Book of Remembrance will be in a place of honor near the Easter Paschal Candle for the majority of the month of November.

Service of Remembrance

A prayer service will be held on Wednesday, November 8 at 6:30 PM. Mary, Mother of the Church will call to mind the souls of our departed loved ones, especially those parishioners who have had their funerals with us in the previous 12 months. All are welcome.

Pictures in Memory of Loved Ones

On All Souls Day, November 2, we remember and celebrate our loved ones who have gone before us marked by the sign of faith. As part of this remembrance, we invite any and all to bring to church a picture of your family members or friends who have died, and we will arrange them in church. This is not only for those who have died this past year; consider doing this if you have never done it before. Simply place them in the box at the main entrance of the church during Oct. 28-29 weekend Masses. Pictures will be displayed for our Nov. 4-5 weekend Masses and the Nov. 8 service. It would be helpful, but not necessary, if the picture is in a frame that could stand on its own. Please make sure all pictures are marked with your name so we can return them to the rightful owners. They will be available for pick-up after the Nov. 8 service and during Nov. 11-12 weekend Masses at the entrance of church.

Family Life

Requiescat in Pace

Please pray for the repose of the soul of Paula Heiderscheit. Our prayers and sincere sympathy are extended to the families and friends who mourn their loss. *Eternal rest grant onto her, O Lord, and may perpetual light shine upon her.*

Social Justice

World Mission Sunday, October 22

Today, Pope Francis echoes the universal call of our Baptism – to be Christ's witnesses to the world. On this World Mission Sunday, our pray-



ers and contributions to the Society for the Propagation of the Faith bolster the Pope's missions, enabling:

- Over 844,000 Catechists to share the faith
- 258,540 Religious Sisters to tend to families and children
- 38,140 seminarians to journey towards the priesthood
- Education for 26 million children
- Medical assistance in 12,000 clinics
- Comfort in 8,750 homes for the orphaned and elderly.

By supporting this cause, we truly live out the call to be the spark that transforms lives. May your prayers and gifts create ripples of love and transformation. Thank you for your missionary zeal!



Catholic Charities Warming Center

The Warming Center will again be serving homeless adults at 413 South 3rd St., downtown La Crosse from November 1 through April 30. The Warming Center depends on volunteers to fill a variety of functions. Some provide supper, others register the guests as they check in, check their belongings and get them settled for the night while others come on duty in the early morning as the guests have breakfast and prepare for their day.

Mary, Mother of the Church will provide volunteers for the first, third and fifth **Tuesday** evenings of the month. The following are the 14 nights of service: Nov. 7 & 21; Dec. 5 & 19; Jan. 2, 16 & 30; Feb. 6 & 20; March 5 & 19; and April 2, 16 & 30.

Each night we need volunteers for the following service and times: Food for 40 people plus milk to be delivered by 6:30 PM. Six intake people from 6:30 -8:30 PM. Two early morning people from 6:00-8:00 AM. We will NOT be staffing the over-night hours.

Mary, Mother of the Church

Sign-up sheets are in the back of church until Oct 29. Thank you for considering this opportunity to offer food and hospitality to our homeless brothers and sisters. God Bless. --Mary Olson, MMOC Coordinator for the Warming Center, molson@mmoclacrosse.org.

Matthew 25 Group

"Lord, when did we see you hungry?" So how does Matthew 25 work? Each Thursday (beginning on November 2 this year) we gather in the Parish kitchen at 1 PM for 2 to 3 hours and we put the Gospel (Matthew 25:38) into action as we work together to prepare one big meal which gets delivered to the Warming Center. No one needs to participate every week; and no one is asked to do things they can't or don't want to do. You will meet some of the kindest people in La Crosse, and you will know in your heart that you are doing God's work. For more info: Matthew25-@mmoclacrosse.org.

Finance

Diocesan Annual Appeal

"Where one alone may be overcome, two together can resist. A three-ply cord is not easily broken." Every household should have received a mailing to support the needs of the local Church and beyond. Please take a moment to read the material and say the prayer. Then make your decision on this year's effort: Let's act quickly and do our part as Mary, Mother of the Church!

MMOC 2022 - 2023 Annual Report

The Annual Report has been mailed out. There are also additional copies found in the pamphlet rack in the back of church. If you have not received one and would like one, contact Steve at secretary@mmoclacr osse.org or 788-5483 ext. 1.

Men's Club & PCCW

Pancake Breakfast

The MMOC Men's Club is hosting a pancake breakfast Sunday, October 22 from 8 AM - Noon. The breakfast will include pan-



cakes, sausage, scrambled eggs, fruit cocktail, milk, juice and coffee. \$5.00 per person; \$4.00 seniors (60+) and kids (6-12); Free for kids 5 and under. Come join us in the Parish Hall for great food and fellowship!

PCCW Rummage Sale

Thank you to all who donated items. Due to everyone's hard work, the profit was \$4,564! Many hands make light work, thank you all!

Faith Formation

Sacramental Preparation Session October 25

This is just a friendly reminder that our next At Church Sacramental Preparation Session takes place Wed. October 25 from 5:30 PM - 6:30 PM at Mary, Mother of the Church. Pizza will be served starting at 5:00 PM. At least one parent/guardian must attend along with their son or daughter preparing for the Sacraments. For more information contact Kristin Johnson at kjohnson@mmoclacrosse.org or 608-788-5483 Ext. 4.

Family Rosary and BINGO Night October 26

Join us on October 26 from 6:30 PM - 8:00 PM for a Family Rosary followed by BINGO and snacks hosted at Holy Trinity Parish in Leo Hall. All families welcome! Please bring a wrapped "White Elephant" gift for each family who plans to play BINGO. These will be our "surprise" prizes for our BINGO winners. Contact Kristin with any questions kjohnson@mmoclacrosse.org or at 788-5483 Ext. 4.

Catechesis of the Good Shepherd

The Catechesis of the Good Shepherd (CGS) is a program for the religious formation of children rooted in the Bible and the liturgy of the Church. In this pro-



gram, the 3-6 year old child will encounter Jesus as the Good Shepherd; who loves them, cares for them, and knows them by name. This is accomplished through prayer, listening to Scripture, and giving the child time to work with hands-on materials. Each of the materials presented are linked to either a specific part of the Mass or the Bible, which help to make the mystery of God concrete for the child. To participate, children must be at least three years old by November 1, 2023. Space is limited to 10 children per session. Registration is \$50/child. If this is a burden, please

reach out!

Choose the session that best fits your schedule:

Fridays: 10:00 AM to 11:30 AM

starting Nov. 3, 2023 - May 17, 2024.

Saturdays: 10:00 AM to 11:30 AM

starting Nov. 4, 2023 - May 18, 2024. Sessions will not meet for major holiday breaks: Nov. 24/25, Dec. 29/30, and March 29/30.

If you have a love for sharing the faith with the younger members of our parish family, please consider volunteering as an aide during sessions. Training will be provided.

Registration is available on our parish website (under the Education-Preschool tab), via the QR code, or you may contact catechist Sarah Scarlet at 608-406 -7686 or sscarlet@mmoclacrosse.org.

Made for More: High School Retreat

Young people all over the world are giving up on their faith and the Church. As a result, they are finding themselves deeply unsatisfied with life. Generation Z is



the most anxious, depressed, and despairing generation to walk this Earth. Now more than ever young people need to re-learn who God is, who they are, and their purpose in life. The things of this world will never truly satisfy us...we are 'made for more'. All high school youth (9th-12th grade) are invited to attend this transformative retreat! It will take place at Mary, Mother of the Church, on Oct 28, beginning at 9 AM and concluding after the 4 PM vigil Mass. The cost is \$20 a person and includes lunch and a T-shirt. Registrations close on Oct. 22. Scan the QR code to register.

Fucharistic Revival

Two Minutes with Jesus for Eucharistic Revival

1. Jesus wants to live in our heart always. At the Last Supper, Jesus gave His Apostles - the first priests the power to change the bread and wine into His Body and Blood. All priests have received this same power. At Mass, as the priest speaks the words of Jesus, the bread and wine become His Body and Blood by the power of the Holy Spirit. Jesus wants us to receive Him at Mass every Sunday because He wants to live in our heart. Let's pray this right now and every day this week. Thank you Jesus for Father Konopa as he stands in for You, and thereby, we are able to receive You in Holy Communion at Mass. This week, read the passage of Jesus instituting the Holy Eucharist at the Last Supper in Matthew 26:26-28.

2. Jesus rose from the dead on Easter Sunday. Jesus is alive! We receive the living resurrected Christ in Holy Communion. Jesus holds nothing back in the Holy Eucharist. He gives Himself completely to us when we receive Him at Mass every Sunday. Receiving His Resurrected Body and Blood will raise us to live with Him forever. Let's pray this right now and every day this week: Jesus, help me to realize that You are alive, and every time I receive You, that You are alive in me. This week, read about how St. John the Apostle came to believe that Jesus was alive in John 20:1-9.

Community Events

Legacy Guild Dinner

Please join us for the Casa Hogar Juan Pablo II annual benefit dinner on Nov. 3 at Blessed Sacrament Church. The night will begin with a social at 5 PM, dinner at 6:30 PM; following Msgr. Joseph Hirsch will **D**5 share an update on what has been going on at Casa Hogar this year. Use the QR code to register or www.homeajpm.org/events.



Weekly Mass Intentions
Tuesday, October 24, 2023
7:30 AM + Charles & Ruth Burke
By Kathleen Houlihan
Wednesday, October 25, 2023
7:30 AM † Marg Grosskopf
By Richard Grosskopf, Sr.
Thursday, October 26, 2023
7:30 AM † Donald Bowman
By Family
2:00 PM Word Service with Communion at Hillview
Health Care Center
Friday, October 27, 2023
7:30 AM † Betty Sosnovske
By Mary Calkins
Saturday, October 28,2023
4:00 PM † Lorraine Yeager
By Dennis & Kathy Bissen
Sunday, October 29, 2023
8:00 AM † Marty Konop
By Jerry & Phyllis Venner
10:00 AM Pro Populo

I ituraical Roles Oct 78,70

Liturgical Roles Oct. 28-29		
Minister of H	oly Communion	
4:00 PM	John Klouda. Linda Gillette, Joseph van Oss	
8:00 AM	Deacon Terry Bell, Kathy Skiles, Daniel Skiles	
10:00 AM	Deacon Terry Bell, Polly Berendes - Choir, Carol Forer, Lori Hammes	
Lector		
4:00 PM	Mark Outzen, Nancy Misch	
8:00 AM	Linda Elsen, Bob Mahr	
10:00 AM	Sally Egan, Patricia Kirchner	
Server		
4:00 PM	Izzy Schelfhout, Keegan Gerling	
8:00 AM	Nolan Richards, Jackie Taylor	
10:00 AM	Ella Krejchik, Patricia Kirchner	
Cantor		
4:00 PM	Linda Kloet	
8:00 AM	Natalie Solverson	
10:00 AM	Sunday Choir	
Musician		
4:00 PM	Mary Jo Lium	
8:00 AM	Mary Jo Lium	
10:00 AM	Mary Jo Lium	
Sacristan		
4:00 PM	Mike Wuensch	
8:00 AM	Mike Keogh	
10:00 AM	Mike Wuensch	
Gift Bearer		
4:00 PM	OPEN, OPEN	
8:00 AM	David parker, Manuokalewa Parker	
10:00 AM	Rachel Egan, Andrew Egan, Sally Egan	
Greeters		
4:00 PM	OPEN, Peter Schmitz, Isaac Schelfhout, Olivia Rudie, Patrick Hogan, Neil Kumm, Joe Riemer, Therese van Oss - Lead	
8:00 AM	Pat Burns, Donna Burns, Jack Branson, Allan Baumler, Peggy Baumler, Jonathan Baumler, OPEN, Jon Mason-Lead	
10:00 AM	Elly Binsfeld, Anna Binsfeld, Megan Binsfeld, Matt Binsfeld, Robb Pretasky, Andrew Egan, Maddox Herlitzke, Riley Klar- Lead	
Hospitality		
8:00 AM	LuAnn Miller, OPEN	
10:00 AM	Mary Schaub, Trisha Stratman	
Scrip Sellers		
4:00 PM	Sue Olson, Dee Sauer	
8:00 AM	Mary Genz, Karen Perry	
10:00 AM	Sue Pretasky, Sheri Skelton	
Song Leader 10:00 AM	Linda Gillette	
Live Streamer	r	
4:00 PM	Joseph van Oss	

AVOID | DENY | DEFEND

Since 2002, the Advanced Law Enforcement Rapid Response Training (ALERRT)[™] program at Texas State University has been used to train law enforcement officers across the nation in how to rapidly respond to dangerous active threat situations.

Over the years we've seen response times shorten and the capabilities of law enforcement increase. As a result of increased public awareness, many citizens have asked what they can do to protect themselves and reduce the dangers faced during one of these events. As we've seen that hiding and hoping isn't a very effective strategy, Avoid Deny Defend® has been developed as an easy to remember method for civilians of all ages and abilities to follow.

AVOID | DENY | DEFEND™

During an act of violence (robbery, hostage situation, workplace violence, active shooter, etc):

AVOID starts with your state of mind.

- · Pay attention to your surroundings
- Have an exit plan
- · Move away from the source of the threat as quickly as possible
- · The more distance and barriers between you and the threat, the better

DENY when getting away is difficult or maybe even impossible.

- · Keep distance between you and the source
- · Create barriers to prevent or slow down a threat from getting to you
- · Turn the lights off and silence your phone
- · Remain out of sight and quiet by hiding behind large objects

DEFEND because you have the right to protect yourself.

- · If you cannot AVOID or DENY, be prepared to DEFEND yourself
- · Be aggressive and committed to your actions
- · Do not fight fairly. THIS IS ABOUT SURVIVAL.

Call 911 when you are in a safe area.

When Law Enforcement arrives, show your hands and follow commands.



Remember that What You Do Matters.®

For more information, visit AvoidDenyDefend.org or email: ADD@alerrt.org

ALERRT at Texas State University's Avoid Deny Defend® training is a not-for-profit vital message and may be used at no cost provided it is distributed at no cost to the end user. We only ask that you credit ALERRT at Texas State as the creators of the Avoid Deny Defend® program. Texas State University is a member of the Texas State University System.



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