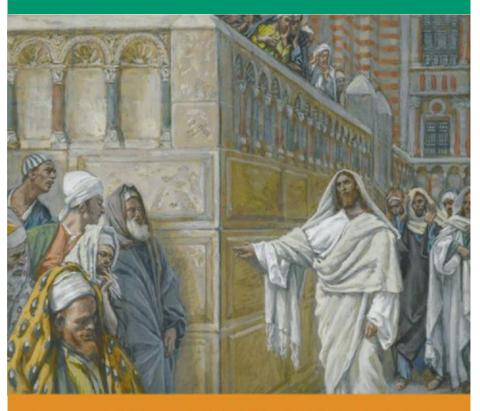
October 8, 2023





27[™] SUNDAY IN ORDINARY TIME

MASS TIMES

Saturday Vigil 4 PM Sunday 8 AM & 10 AM Tuesday—Friday 7:30 AM

CONFESSIONS

Saturday 3:15 - 3:45 PM or by appointment.

HEARING ASSISTANCE

Hearing devices are available. See s for additional information, especially for hearing aids paired with Bluetooth.

PARISH OFFICE HOURS

Tuesday-Friday 8 AM - 3 PM

Contact the parish office to register, schedule a baptism, schedule a wedding (six months notice required), and to request the Sacrament of the Sick.

SCRIE

Scrip is sold before and after all weekend Masses and in the parish office on Fridays from 8 AM - 3 PM.

BULLETIN DEADLINE

Requests are due to the office by Monday in written format.

PARISH STAFF

788-5483

Rev. Brian D. Konopa ext. 3

Pasto

frkonopa@mmoclacrosse.org

Rev. Mr. Terry Bell ext. 6 Deacon - Adult Faith Formation & RCIA/OCIA tbell@mmoclacrosse.org

Sr. Kathy Stuttgen, FSPA ext. 7 Ministry with the Elderly and Sick kstuttgen@fspa.org

Kristin Johnson ext. 4

Director of Family Faith Formation kjohnson@mmoclacrosse.org

Samuel Obert ext. 5 Director of Youth Faith Formation

Therese van Oss ext. 0 Funeral Coordinator tvanoss@mmoclacrosse.org

sobert@mmoclacrosse.org

Andy Foley ext. 9 Buildings and Grounds afoley@mmoclacrosse.org

Mary Jo Lium ext. 8 Sacred Music mjlium@mmoclacrosse.org

Mike Juran ext.2 Finance Assistant finance@mmoclacrosse.org

Sr. Meg Earsley, FSPA ext. 2 Bookkeeper bookkeeper@mmoclacrosse.org

Steve Young ext. 1 Office Assistant secretary@mmoclacrosse.org

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Principal, St. Patrick School, Onalaska

Andrew Bradley

Principal, Aquinas Middle School 784-0156 Principal, Aquinas High School 784-0287

OUR MISSION

Mary, Mother of the Church parishioners are called to be the People of God, formed by the Holy Word and nourished by the Holy Eucharist. We joyfully share our faith and gifts of time, talent, and treasure. We are committed to serve all God's people in the building of the Kingdom.

Mass with Anointing of the Sick

The Sacrament of Anointing of the Sick will be celebrated on Tuesday, October 10 at 10:30 am. Those with the following health conditions should consider receiving the sacrament:

- --heart condition
- --serious ailment or disease
- --elderly...notably weakened by age
- --upcoming surgery due to illness/injury
- --emotional affliction

By the grace of this sacrament, God strengthens both body and soul to face the extra anxiety and temptations that come with sickness. Please use the reserved seating in the front pews. There will be no 7:30 AM Mass this day.

Time for a New Ministry Schedule

We will soon begin working on a new Ministry Schedule that will run from November 1 - January 31 for Ministers of Holy Communion, Lectors, Sacristans, Cantors, Servers, Gift Bearers, Scrip Sellers, Live Streamers, Hospitality, and Greeters. Please submit any "Can't Serve Dates" through the online scheduling tab on the parish website, www.mmoclacrosse.org or by calling the parish office, 788-5483, ext. 1 by October 17 at the latest. If you are new to the parish or have been here for a while and are interested in participating in a Liturgical Ministry, please contact the parish office to find out more.

Active Threat

Greeters are being trained to address "Active Threat" scenarios as part of our desire for security. We recognize that an Active Threat is unlikely to take place -- and it's definitely our prayer -- but it's always best to be proactive. If you would like to participate, especially if you'd like to become a Greeter, you are welcome to attend one of the two training sessions provided by retired police officer Troy Nedegaard in the Parish Hall: Sunday, Oct. 15 at 11:15 AM - 12:15 PM and Saturday, Oct. 21 at 8:30 - 9:30 AM. Please thank our Greeters for the many ways they serve us.

Beware of Scam Artists

On the color page of this bulletin, there is an educational piece about new scams. Protect yourself!

Finance

Diocesan Annual Appeal

This coming week every household should receive a mailing to support the needs of the local Church and beyond. Please take a moment to read the material and say the prayer. Then make your decision on this year's effort: Let's act quickly and do our part as Mary, Mother of the Church!

MMOC 2022-2023 Annual Report

The Annual Report will be mailed in a few days.

Men's Club & PCCW

Rummage Sale

The PCCW rummage sale will be October 13 - 14. Donations can be dropped off from 8 - 4:30 PM on Oct. 12 in the Parish Hall. Please remember we are unable to take furniture, paint or chemicals, microwaves, or anything we would need to pay for disposal. Sign up sheets are in the back of church. All help is appreciated.

Pancake Breakfast

The Men's Club is hosting a pancake breakfast Sunday, October 22 from 8 AM - Noon. The breakfast will include pancakes, sausage, scrambled eggs, fruit cocktail, milk, juice and coffee. \$5.00 per person; \$4.00 seniors (60+) and kids (6-12); Free for kids 5 and under. Come join us in the Parish Hall for great food and fellowship!

Faith Formation

Made for More: High School Retreat

Young people all over the world are giving up on their faith and the Church. As a result, they are finding themselves deeply unsatisfied with life. Generation



Z is the most anxious, depressed, and despairing generation to walk this Earth. Now more than ever young people need to re-learn who God is, who they are, and their purpose in life. The things of this world will never truly satisfy us...we are 'made for more'. All high school youth (9th-12th grade) are invited to attend this transformative retreat! It will take place at Mary, Mother of the Church, on Oct 28, beginning at 9 AM and concluding after the 4 PM vigil Mass. The cost is \$20 a person and includes lunch and a T-shirt. Registrations close on Oct. 22. Scan the QR code above to register.

Catechesis of the Good Shepherd

The Catechesis of the Good Shepherd (CGS) is a program for the religious formation of children rooted in the Bible and the liturgy of the Church. In



this program, the 3-6 year old child will encounter Jesus as the Good Shepherd; who loves them, cares for them, and knows them by name. This is accomplished through prayer, listening to Scripture, and giving the child time to work with handson materials. Each of the materials presented are linked to either a specific part of the Mass or the Bible, which help to make the mystery of God concrete for the child. To participate, children must be at least three years old by November 1, 2023. Space is limited to 10 children per session. Registration is \$50 per child. If this is a burden, please reach out!

Choose the session that best fits your schedule:

Fridays: 10:00 AM to 11:30 AM

starting November 3, 2023 - May 17, 2024.

Saturdays: 10:00 AM to 11:30 AM

starting November 4, 2023 - May 18, 2024.

Sessions will not meet for major holiday breaks: Nov. 24/25, Dec. 29/30, and March 29/30.

If you have a love for sharing the faith with the younger members of our parish family, please consider volunteering as an aide during sessions. Training will be provided.

Registration is available online at our parish website (under the Education-Preschool tab), via the QR code, or you may contact catechist Sarah Scarlet at 608-406-7686 or sscarlett@mmoclacrosse.org.

Family Faith Formation

Family Faith Formation does **NOT** meet this Wednesday October 11. Families should be completing *At Home Lesson 1-1: Who are we?* We will see you again on October 18, 5:30 - 6:45 PM at Mary, Mother of the Church. Contact Kristin with any questions at kjohnson@mmoclacrosse.org or 608-788-5483 Ext. 4

Eucharistic Revival

Two Minutes with Jesus for Eucharistic Revival

1. Spend time in Jesus' Presence and you will gradually come to know that Jesus is indeed there.

The desire to strengthen your faith requires some action on your part. It helps to go to the Church and spend time, with the mindset that Jesus is there. Take your problems and speak with Jesus. Even if you leave without anything seemingly having happened, you will gradually come to know Jesus is indeed there. Let's pray this right now and every day this week: Lord, help me to spend a few minutes in Church and talk with You. This week, read how Jesus healed a blind man so that he could now see all of God's gifts in John 9:1-41.

2. Jesus is the "living Bread from Heaven." Jesus said, "I am the living bread that came down from Heaven; whoever eats this bread will live forever." (John 6:51). Jesus gave this living bread for the first time to His Apostles at the Last Supper. Jesus gives this living Bread to us in Holy Communion. The living Bread is Jesus Himself. Let's pray this right now and every day this week: Jesus, please strengthen my faith to believe that You are the "living Bread" received in Holy Communion. This week, read the explanation that Jesus gives that He is the "living Bread from Heaven" in John 6:48-51

Social Justice

Life Chain Thank You

Thank you to all those who participated in last Sunday's Life Chain. It was a great public witness of praying for our nation and for an end to abortion. Thank you for standing up for LIFE!

Matthew 25:38—Lord, when did we see you hungry?

Matthew 25 is a parish initiative started by Deacon Sage in 2021. Its official mission is to relieve the hunger of unsheltered people in La Crosse.

In the past we prepared and served meals at the Warming Center, as well as at Houska Park, and the EconoLodge hotel. When we began, we planned to feed hungry stomachs and souls with wholesome food and a tangible demonstration of Christ's love. But as time went on, we realized how much we enjoyed and looked forward to our time together in the kitchen. (Imagine eight volunteers standing around a table while peeling fruit and slicing vegetables. They resemble a card party without the cards!)

We learned that we were providing and receiving gifts of friendship, support and inspiration to and from each other as we shared our stories, prayed for needs, mourned the loss of health or ability, and the deaths and illnesses of friends and family members. To a person, we agreed that we were receiving much more than we were giving. Our friendships had grown to more than a smile and a greeting. We also appreciated the campers and Warming Center guests' calls of "Thank You" and "God Bless You" when we came to serve them. It all felt good and stirred a desire to do more.

The good word of how we are loving-ourneighbors reached beyond our parish and resulted in verbal support and offers of food for the program. When our group members saw additional needs, they brought warm blankets, clothing and sleeping bags along with the meals. We cross paths and share information with like-minded service organizations, which helps strengthen the larger community.

So how does Matthew 25 work? Each Thursday (beginning on November 2 this year) we gather in the Parish kitchen at 1 PM. for 2 to 3 hours and we put the Gospel (Matthew 25) into action as we work together to prepare one big meal which gets delivered to the Warming Center. No one needs to participate every week; and no one is asked to do things they can't or don't want to do. You will meet some of the kindest people in La Crosse, and you will know in your heart that you are doing God's work. Contact: Matthew25@mmoclacrosse.org for more info.

Catholic Charities Warming Center

The Warming Center will again be serving homeless adults at 413 South 3rd St., downtown La Crosse from November 1 through April 30. The Warming Center depends on volunteers to fill a variety of functions. Some provide supper, others register the guests as they check in, check their belongings and get them settled for the night while others come on duty in the early morning as the guests have breakfast and prepare for their day.

Mary, Mother of the Church will provide volunteers for the first, third and fifth **Tuesday** evenings of the month. The following are the 14 nights of service: Nov. 7 & 21; Dec. 5 & 19; Jan. 2, 16 & 30; Feb. 6 & 20; March 5 & 19; and April 2, 16 & 30.

Each night we need volunteers for the following service and times: Food for 40 people plus milk to be delivered by 6:30 PM. Six intake people from 6:30 - 8:30 PM. Two early morning people from 6:00-8:00 AM. We will NOT be staffing the over-night hours.

The staff at the Warming Center is encouraging volunteers to attend one **orientation** and **training session:** Wed. Oct 11 from 8-10 AM; Monday Oct 16 from 5-7 PM, Thurs. Oct 19 from 6-8 PM. Every new and veteran volunteer needs to attend one of these training sessions.

Sign-up sheets are in the back of church until Oct 29. Thank you for considering this opportunity to offer food and hospitality to our homeless brothers and sisters. God Bless. --Mary Olson, MMOC Coordinator for the Warming Center, molsonon@mmoclacrosse.org.

Community Events

The Gospel of Life White Mass & Banquet This Sunday, Oct. 8 is the DEADLINE to Register

To be held on Wednesday, Oct. 18 at the Cathedral of St. Joseph the Workman. The Theme is "Standing Strong for Conscience in Healthcare: A Battle that Touches Us All." Fr. Justin Kizewski will offer the keynote at the banquet following Bishop Callahan's 6 PM "White Mass," at which the faithful honor and pray for Catholic healthcare professionals. All are warmly invited to the Mass, banquet and talk! To learn more and to register, visit www.diolc.org/GospelofLife.

Weekly Mass Intentions

Tuesday, October 10, 2023

10:30 AM † Bob & Greta Bjorkman By Anonymous

Wednesday, October 11, 2023

7:30 AM † Clarence & Eileen Kirchner By James & Patricia Kirchner

Thursday, October 12, 2023 7:30 AM † Lorraine Millich

By Virginia Horstman

2:00 PM Word Service with Communion at

Hillview Health Care Center

Friday, October 13, 2023

7:30 AM † Mary Flottmeyer

By Shirley Howe & Family

Saturday, October 14,2023 4:00 PM + Susan Ouimette

By Joseph & Therese Van Oss

Sunday, October 15, 2023

8:00 AM Pro Populo

10:00 AM † Royal & Pearl Kessler By Mark & Susan Halter

The Rosary is prayed before each weekday Mass Tuesday through Friday beginning at 7:05 AM.

Holy Trinity Parish Chicken-Que — October 12 11:00 AM - 5:30 PM (At the corner of 13th St. S., and Park Avenue). Carry out, drive through, or delivery. \$11 each: includes half chicken, coleslaw, beans, and a bun. For delivery please call (608) 782 -2028 Ext 2.

Liturgical Roles Oct. 14-15

Minister of Holy Communion

4:00 PM Nancy Imhoff, Dave Imhoff, Kelly Jakes

8:00 AM Deacon Terry Bell, Charles Heiderscheit, Lance

Miller

10:00 AM

Deacon Terry Bell, Lindsey Hammes, Mary Olson

Lector

4:00 PM Chris Schlegel, Sue Ernster 8:00 AM LuAnn Miller, Barbara Stetzer 10:00 AM Nancy Steinhoff, Bill Brendel

Server

4:00 PM Aubrey Jakes, Ellyana Jakes 8:00 AM Olivia Taylor, Danice Taylor 10:00 AM Louie Berendes, Hank Berendes

Cantor

4:00 PM Therese van Oss 8:00 AM Sara Edman 10:00 AM Rick Wilson

Musician

4:00 PM Jenny Nielsen 8:00 AM Jenny Nielsen 10:00 AM Jenny Nielsen

Sacristan

4:00 PM Linda Kloet 8:00 AM Daniel J Skiles 10:00 AM Linda Gillette

Gift Bearer

4:00 PM OPEN, OPEN

8:00 AM Michael Taylor, Danice Taylor 10:00 AM Nick Hammes, Lindsey Hammes

Greeters

4:00 PM Elie Klar, Kevin Moyle, Joe Riemer, Steve Schaub, Peter Schmitz, OPEN, OPEN, Phil

Watson - Lead

8:00 AM Peggy Baumler, Jonathan Baumler, Pat Burns, Donna Burns, Sue Groetsch, Kerry Groetsch,

Sandy Pitsch, Jon Mason - Lead

10:00 AM Polly Berendes, Chuck Berendes, Charlotte Berendes, Lisa Doering, Sam Horman, Casey Horman,

Jackson Massa, Robb Pretasky - Lead

Hospitality

8:00 AM Cindy Klar, Bob Klar

10:00 AM Pat Houlihan, Kathy Houlihan

Scrip Sellers

4:00 PM Mary Schaub, OPEN

8:00 AM Bob Jansky, Charlene Jansky 10:00 AM Kimberly Kreichik, Sue Pretasky

Live Streamer

4:00 PM Joseph van Oss

ARE YOU BEING

PHISHED?

How to know if you are a victim of social engineering

At first everything looks safe.

As the FTC1 explains, "Phishing emails...may look like they're from a company you know or trust." You're more likely to follow instructions from "Equifax" than you are from a random organization.

But you are a bit surprised to get the email.

If the email is a surprise, beware! There's a reason you weren't anticipating an email from your boss while he's on vacation.



TIP! Double-check the sender's email address.

Remember that this can be misspelled to mimic a legitimate address and that the "from" field can be spoofed.

You read the email. There's a negative situation.

Many times, scammers create negative situations to trick you. Your CEO needs your help, but is in a meeting and can't talk. Or a vendor claims your company owes a payment.



TIP! A phishing email can lure you in with a faked refund or security alert.

No matter the bait, the goal is to steal your login credentials.



solve the problem.

After setting up a negative situation, the phishing email will present the solution: sharing your information or resources. This might involve logging in your "account" or sending a wire transfer.



TIP! If the email comes from an organization, log in to your online account and check your message center to verify the email.

There is a deceptive link.

If an email directs you to click a link, hover over it before clicking through. If the link doesn't look reputable or contains errors, beware!

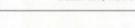


Your computer should display a URL when you hover over a link.

Better still, visit the website of the organization directly.

There are grammar mistakes.

Don't give your "sender" the benefit of the doubt. Missing punctuation, subject-verb disagreements, or other grammatical issues should raise your suspicions.



Spear-phishing

Uses information collected from the Internet to launch a targeted attack. Often times information is taken from parish bulletins to craft a message from the pastor to staff or parishioners. If you can, limit contact info in the parish bulletin, alert those that do have contact info in the bulletin that they will receive phishing emails at some point.



Use one of the many resources available Online to train your staff and parishioners about the dangers of these attacks. Free annual training is available at wizer-training.com. Occasionally remind parishioners through the parish bulletin that these attacks exist and to never send money or gift cards in response.



There are spelling mistakes.

Misspelled words often spell P-H-I-S-H-I-N-G. If your name is spelled wrong or if there is another spelling error, suspect a malicious email!



There's an .EXE attachment.

If the email has an .EXE file, beware of malware (i.e., malicious software). However, other file extensions--including .DOC extensions--can be dangerous, too. If you're in doubt, call the person or organization who supposedly sent the attachment to confirm it's a safe file.



TIP! Making a phone call can prevent cybercrime. If an email demands money, simply call the person who emailed you, using a previously known phone number to confirm whether the message is legitimate.

Next-Gen Attacks The technology now exists to take samples of people's voices from videos on social media and websites to generate fake phone calls that sound just like the real person. If in doubt, hang up and call the person back.



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