

## Examination of Conscience on Racial Justice: A Look in the Mirror

1. **Have I** fully loved God and fully loved my neighbor as myself?
2. **Have I** caused pain to others by my actions or my words that offended my brother or my sister?
3. **Have I** done enough to **inform myself** about the sin of racism, its roots, and its historical and contemporary manifestations? Have I **opened my heart** to see how **unequal access** to economic opportunity, jobs, housing, and education on the basis of skin color, race, or ethnicity, has denied and continues to deny the equal dignity of others?
4. **Is there** a root of racism **within me** that blurs my vision of who my neighbor is?
5. **Have I** ever witnessed an occasion when someone “fell victim” to personal, institutional, systematic or social racism and I did or said nothing, leaving the victim to address their pain alone?
6. **Have I** ever witnessed an occasion when someone “fell victim” to personal, institutional, systematic or social racism with *me* inflicting the pain, acting opposite of love of God and love of neighbor?
7. **Have I** ever lifted up and aided a person who “fell victim” to personal, institutional, systematic or social racism and paid a price for extending mercy to the other? How did I react? Did my faith grow? Am I willing to grow even more in faith through my actions?

(adapted from *A Prayer Service for Racial Healing in our Land*, USCCB)